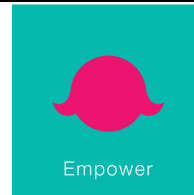




Resolana

Bette Buschow, Executive Director
 babuschow@resolana.info
 www.resolana.info
 214.681.2440



Mission

Resolana educates and empowers incarcerated women.

Resolana has created a unique learning community behind the walls of Dallas County Jail where motivated women spend their time in custody productively, building a foundation for change. Resolana delivers high quality programming focused on promoting recovery from addiction, improved mental health, parenting and job skills, and connection to resources, helping women break the cycle of incarceration.

Overview

In one of the most disturbing social trends of our time, for three decades women have been the fastest growing proportion of the jail and prison population. Texas is one of the most punitive states in its imprisonment of females: it has long had more women in state or federal prison than any other state. In 2009, an astonishing **21%** of the 98,556 individuals confined at Dallas County Jail were **women**, nearly double the national average.

Research has demonstrated a strong relationship between substance abuse and women's criminal activity and shows that drug treatment is effective in reducing crime among substance abusers. However, in Texas, fewer than 6% of those who need drug treatment receive it, and women are even more underserved with respect to treatment than men. Incarceration actually increases the odds that women will return to jail and each return typically signifies a deeper level of addiction, trauma and marginalization, with associated declines in health, employment opportunity and social functioning. For the roughly two-thirds of incarcerated women who are primary caretakers of minor children, this cycle has a devastating effect on their children. The services of Resolana are critical, because unless these mothers stay out of jail and prison, their children are 8-10 times more likely to also end up there.

A community-based nonprofit founded in 2006, Resolana has grown from grassroots beginnings to become the only comprehensive rehabilitative program for women at Dallas County Jail, filling the void left when the jail's substance abuse programs lost funding in 2009. Because of the program's success, jail officials recently asked Resolana to triple the number of women served by pioneering the first dedicated program tank at Dallas County Jail. Now all participants are housed in the same living area, isolated from the general jail population. They are immersed in the kind of structured and supportive social learning community that research shows can enhance outcomes for women with substance abuse issues.

Investment Opportunity

Resolana is seeking \$500,000 in private support over the next two years to expand its program into a structured social learning community in its new dedicated program tank, tripling its services and service recipients, to increase case management and to initiate a regular support group outside the jail.

Need for Change

- In 1977, there were 11,000 females in state or federal prison in the United States -- today there 13,500 in Texas alone. Roughly 900 women are held in Dallas County Jail on any given day. Taxpayers pay about \$56 per woman per day to incarcerate these mostly low risk offenders.
- In 2010, local government spent at least \$11 million and the state spent over \$17 million on the incarceration of chemically dependent individuals from Dallas County.
- Substance abuse and poverty are women's chief pathways to incarceration; drug relapse is the main cause for recidivism. In Texas, individuals with a drug felony on record are banned **for life** from being eligible for food stamps and most welfare, housing or educational assistance.
- When fathers go to prison, 90% of the time mothers assume full responsibility for the care of children, but only 28% of fathers do so when mothers are imprisoned. The children of incarcerated mothers are more likely to have serious emotional and behavioral problems and to end up homeless and are five times more likely to end up in foster care.

Opportunity for Social Impact

- A growing body of evidence indicates that the cost of warehousing low-risk offenders in jail or prison outweighs any benefit and may actually increase criminal behavior, while effective substance abuse treatment can reduce both drug use and crime.
- Cost benefit analysis shows that a dollar spent on drug courts which divert individuals to treatment saves about \$4 in avoided costs of incarceration and health care, and prison-based treatment saves between \$2 and \$6.
- Research now recognizes the unique issues that underlie and complicate women's involvement in the criminal justice system, including different etiologies of addiction and a greater likelihood that they are primary caregiver to a child or other dependent, that they have a history of sexual victimization and abuse, that they have co-occurring mental health problems, and that they are socially and economically disadvantaged. Interventions must take these factors into account.
- Children are the indirect recipients of services aimed at helping their mothers remain crime-free. The best way to help these children is to help their mothers lead healthy and productive lives.

Program Focus

Programs and how they impact clients

Resolana participants live in supportive community as they confront their addictions, affirm their strengths, work on breaking old destructive patterns, and witness what it means to be an accountable adult. They tap into their creativity, build alternative behaviors, develop coping skills, and experience positive ways of relating to others and spending their time. They focus on recovery and core issues underlying addictions, because, unless these issues are addressed, other programming designed to rehabilitate them is likely to be ineffective.

Resolana's holistic program includes classes in seven key areas:

1. MENTAL HEALTH (Seeking Safety for substance abuse & trauma + Family Place classes)
2. LIFE SKILLS
3. PARENTING
4. WELLNESS (Yoga & Health issues)
5. CREATIVITY
6. 12 STEP
7. REENTRY RESOURCES

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Community Meeting		Orientation Intro Classes		Community Meeting
After noon	Seeking Safety	Creativity	DV/Survivors Family Place	Seeking Safety	Yoga Roster 1, 2
PM	Life Skills	Parenting	AA/Alanon Roster 1, 2	Life Skills	Creativity


Programs and how they impact systemic change

- GENDER SPECIFIC PROGRAMMING:** In a criminal justice system designed for and dominated by males, Resolana's program development has been guided by extensive research into best practices for women. Resolana's program meets all criteria that are recognized by the National Institute of Corrections and the Center for Substance Abuse Treatment as important for women. It is: holistic, relational, strength-based, trauma-informed, recovery-oriented, delivered in an environment of safety and respect, realistic about women's socioeconomic marginalization, and linked to a system of collaborative community services.
- A CRITICAL LINK IN A SYSTEM OF COLLABORATIVE SERVICES:** Through a partnership with Probation, Resolana has aligned itself with county drug court programs that divert women from prison to substance abuse treatment and intensive supervision. Resolana serves as the in-jail component of an integrated continuum of services, allowing women to benefit from immediate access to programming. Resolana also partners with social service agencies like the Family Place and the Child Abuse Prevention Center that offer continuing services to the women in the community at their release. Finally, Resolana is part of the Mayor's DOORS initiative, a developing network of agencies that provide reentry support services.
- CREATING A CULTURE OF CHANGE:** Resolana offers women the opportunity to spend their time in county jail productively, with peers who have made a serious commitment to recovery and change. Instead of simply being warehoused with "three hots and a cot," they work hard to acquire the tools that will help them successfully reintegrate with their families and communities.

Organizational Performance

In a few short years, Resolana has grown from a small grassroots organization to an agency that was recently recognized for its impact on incarcerated women's lives by the Dallas County Commissioners Court. In 2009 Dallas County Jail officials offered a powerful endorsement of Resolana's work by assigning Resolana a dedicated classroom in the jail's new Kays Tower addition and asking Resolana to expand its services into a comprehensive program for women there. In 2010 Dallas County Probation officials initiated a collaboration that positioned Resolana's program as the in-jail component of a continuum of community services extending from local drug courts to the county Judicial Treatment Center and beyond. Now the jail has asked Resolana to pioneer a dedicated program tank -- an opportunity to triple its service recipients and develop an innovative social learning community behind bars that will empower women to lead healthy crime-free lives and break the cycle of incarceration.

Data	2009	2010	2011 (Proj)	2012 (Proj)
Total number of (unduplicated) women served at Dallas County Jail in fiscal year	250	337	425	600
Number of classes offered each week at Dallas County Jail	3	8	15	18-22
Total number of classes offered in fiscal year at Dallas County Jail	116	431	550	800
Average length of client participation in weeks	5-6	6	7	9
Number of volunteer hours contributed each week	20-30	40-50	60-70	75-80
Number of paid staff (excluding contract staff)	1&1/2	2	4	5

Resolana's Clients	Proven Social Impact
<p>Resolana is a voluntary program -- women complete an application and are screened by the jail for security level before being placed on Resolana's waiting list. They represent a diverse population.</p> <ul style="list-style-type: none"> Women range between 17 and 62 years old. Participants are 39% African American, 40% Caucasian and 18% Hispanic. 54% already have a drug felony on their record. Over 30% report no permanent address or self-identify as homeless. A significant majority are single mothers who were unemployed when arrested. Many clients report a lifelong history of sexual victimization, self-medicating behaviors as coping mechanisms, chronic health and mental health problems, and limited access to familial or social support. 100% are serious about working on recovery and change. 	<ul style="list-style-type: none"> Cynthia, an early client, represents an example of the impact of the Resolana program. Jailed for drug possession four years ago, she remains clean and sober, has a job and an apartment, and utilizes parenting skills she learned in Resolana classes with her son. Two years ago, Cynthia organized the team that brings AA meetings to our women and she continues to eloquently share her experience, strength and hope. Extensive client surveys reflect consistent gains in knowledge and skills and a high level of program satisfaction. 96% of Resolana participants report improved coping skills related to addiction and trauma. 97% exhibit improved social competencies (e.g. communication, emotional management & problem solving). 96% report reduced levels of depression and anxiety. 98% of our participants rate the helpfulness of our classes at the most positive rating on a five-point scale. After a substantial vetting process, Probation officials now recommend our program as a quality in-jail program. As our collaboration with Probation matures, we will be able to coordinate on long term outcome measurement that Resolana does not currently have the resources to implement. Doctoral students of Dr. Tim Bray at the Institute for Urban Policy Research have developed a quantitative measure for our dedicated pod that will be piloted this summer. A UNT faculty member and a doctoral student at A&M University are also conducting qualitative studies that will focus on the efficacy of Resolana's programming.

Financial

Financial Overview

Resolana provides all services free of charge, has no earned income and receives no public funding. Resolana can deliver 50 classes to an inmate for what it costs taxpayers to incarcerate her for ten days. While it costs about \$56 per day to incarcerate a woman at Dallas County Jail, each Resolana class costs about \$10 per inmate.

Since its beginnings as a grassroots organization, Resolana has accomplished a great deal with minimal staff and a conservative budget. Prior to 2009, Resolana had no regular paid staff and most classes were facilitated by volunteers. Although Resolana has its own classroom in the jail, it currently has no office space and many class materials are donated.

In FYE 2010, Resolana doubled its annual revenue. In the next two years, it seeks to accomplish that again by expanding from \$159,000 to \$320,000. Resolana is working to build a broader base of funders for long-term support of its program through an aggressive focus on donor cultivation, a targeted grant-seeking campaign that will include its first request for United Way funding, and the expansion of an annual major fundraising event initiated in 2010, the Westside Music Festival. Resolana also seeks to diversify its revenue base through expanded corporate support.

This growth will support the building of a professional support staff. The first steps will be to hire an experienced Executive Director, transitioning our current director/founder to Program Director, as well as add a Clinical Manager for the dedicated tank.

Past and Future Growth Plans

- Resolana's immediate priority and greatest need is to add critical support staff to sustain both important fundraising initiatives and promising new program initiatives.
- The opportunity to establish a dedicated program tank represents a long-term aspiration of Resolana and opens up exciting program possibilities. Additional classes and community building sessions, peer-led activities in the tank, group process sessions and expanded case management services are planned.
- Resolana will continue to develop our partnership with Probation, extending client interaction into the county treatment center and coordinating on outcome measures and RFP processes.
- In response to consistent requests from participants, Resolana plans to initiate support services outside the jail. A long term goal is to establish a day center where clients can continue to tap into the supportive Resolana circle of women helping women at reentry.

Foundations, Collaborations and Partners

Foundations:

The Boone Family Foundation
 The Dallas Women's Foundation
 The Embrey Family Foundation
 The WB & Bulah Luse Foundation
 The Eugene McDermott Foundation
 The Hillcrest Foundation
 The Lightner Sams Foundation
 The Roy and Christine Sturgis Charitable Trust.
 The Harold Simmons Foundation
 The Women of St. Michael Gifts Committee
 The MB & Edna Zale Foundation

Academic Partners:

SMU Human Rights Dept.
 UT Arlington School of Social Work
 UTDallas Institute for Urban Policy Research
 UTDallas School of Management
 UNT Dept. of Communication Studies
 UNT Dept. of Criminal Justice

Collaborations:

ANTHEM Strong Families
 The Child Abuse Prevention Center
 The Dallas Museum of Art
 Dallas County Community Supervision and Corrections Department (Probation)
 Dallas County Jail Inmate Programs Department
 Parkland Hospital's Dallas County Jail Mental Health Team
 DOORS
 The Family Place

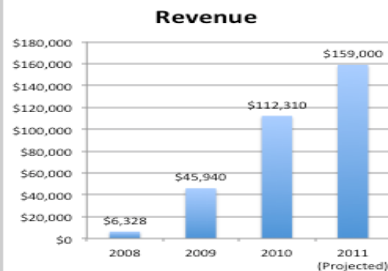
Current Annual Budget: \$159,000

Financial Growth

Projected 2012 budget - \$264,000

Revenue streams for FYE 2010:

Individual donations
 Foundations
 Churches
 Art Conspiracy beneficiary
 In-kind donations



Ways to Invest

\$75,000 to add a new Executive Director with business competencies and fundraising expertise who can bring professionalism and sustainability to take our agency to the next level.
 \$50,000 to add a Clinical Manager to develop our social learning community, expand our classes and manage our interface with Probation and the county Judicial Treatment Center.
 \$15,000 for technical assistance in expanding our database to accommodate the needs of our dedicated program tank and administrative growth and in revamping our website
 \$5,000 will underwrite a Life Skills class for a year.

Ways to Invest - In-Kind

Office space close to the jail
 Office supplies and equipment, including laptop computers, printers & software
 Technical assistance with information management, including database, social media, website and graphic design
 Software and scanning equipment for tracking evaluative measures
 Printing (posters, banners), food, beverages, ice, portolets, security, ticketing services, musical performances and silent auction items for Resolana's Westside Music Festival on 9/24/11